

## Lorsian 200 Plus

A list of food that Lorsian 200 plus includes

- Acai Berry
- Chamomile
- Coffee
- Danedelion
- Burdock
- Elderberry
- Elderflower
- Ginseng (Korean)
- Ginseng (Siberian)
- Grape (Cabernet Sauvignon)
- Grape (Chardonnay)
- Grape (Chenin Blanc)
- Grape (Concord)
- Grape (Malbec)
- Grape (Merlot)
- Grape (Pinot Gris/Grigio)
- Grape (Pinot Noir)
- Grape (Red Zinfandel)
- Grape (White Zinfandel)
- Grape (Riesling)
- Grape (Sauvignon Blanc)
- Grape (Shiraz)
- Green Tea
- Guarana
- Hibiscus
- Nettle
- Rooibos (Redblush tea)
- Rosehip
- Tea
- Barley
- Buckwheat
- Corn (Maize)
- Gluten (Gliadin)
- Hops
- Malt
- Millet
- Oat
- Rice
- Rye
- Wheat
- Beef
- Chicken
- Duck
- Lamb
- Pork
- Turkey
- Crab
- Cod
- Haddock

- Herring
- Lobster
- Oyster
- Mackerel
- Mussel
- Prawn
- Plaice
- Salmon
- Scallop
- Shrimp
- Sole
- Trout
- Tuna
- Asparagus
- Aubergine (eggplant)
- Avocado
- Beetroot
- Broccoli
- Brussels Sprouts
- Cabbage
- Carrot
- Cauliflower
- Celery
- Cucumber
- Haricot Bean
- Kidney Bean
- Lentils
- Lettuce
- Mushroom
- Onion
- Pea
- Peppers (Capsicum)
- Potato
- Soya Bean
- Spinach
- String Bean
- Apple
- Apricot
- Banana
- Bilberry
- Blackberry
- Blackcurrant
- Blueberry
- Boysenberry
- Cantaloupe
- Cherry
- Cranberry
- Grapefruit
- Honeydew
- Kiwi
- Lemon
- Lime

- Lychee
- Mango
- Mulberry
- Olive
- Orange
- Papaya
- Peach
- Pear
- Pineapple
- Pomergranate
- Plum
- Prune
- Raspberry
- Rhubarb
- Strawberry
- Tomato
- Watermelon
- Almond
- Brazil Nut
- Cashew Nut
- Coconut
- Hazelnut
- Peanut
- Sesame Seed
- Sunflower Seed
- Walnut
- Anise Seed
- Basil
- Chilli Pepper
- Cinnamon
- Clove
- Coriander
- Cumin
- Dill
- Garlic
- Ginger
- Juniper
- Mint
- Mustard Seed
- Nutmeg
- Paprika
- Parsley
- Peppercorn
- Sage
- Thyme
- Vanilla
- Agave
- Carob
- Cocoa Bean
- Cola Nut
- Cow's Milk
- Egg White

- Egg Yolk
- Hemp
- Oak
- Sugar Cane
- Yeast
- Abalone
- Agar Agar
- Aloe Vera
- Anchovy
- Bamboo
- Bayleaf
- Bean Sprouts
- Bok Choy (Pak Choi)
- Cardamom
- Cassia
- Chia seed
- Chickpea
- Cloudberry
- Curry Leaves
- Curry Powder
- Cuttlefish
- Deer
- Eel
- Goat
- Goat's Milk
- Goji Berry
- Jasmine
- Kale
- Lemongrass
- Lingonberry
- Linseed (Flax)
- Lotus Root
- Okra
- Parsnip
- Pheasant
- Plantain
- Pumpkin
- Quinoa
- Rapeseed
- Rocket (Arugula)
- Saffron
- Sardines
- Seaweed
- Shark
- Sheep's Milk
- Spelt (Dinkel Flour)
- Spirulina
- Swede
- Sweet Potato
- Tamarind
- Tapioca
- Turmeric

- Turnip
- Vendance
- Water Chestnut
- Wheatgrass